Cheap Nursing CEUs

Telehealth: Enhancing Care Through Technology

1. Telehealth may refer to the use of electronic information and telecommunication technologies to support and promote long-distance clinical health care, patient and professional health-related education, public health and health administration.

A. True
B. False

---

2. According to the course, which of the following statements is most accurate?

A. Telehealth is a subset of telemedicine.
B. Telemedicine is a subset of telehealth.
C. Websites and computers may not be used to support telehealth.
D. Websites and computers may only be used to support telehealth when applied to patient populations under the age of 25.

---

3. A fellow health care professional has questions regarding the different categories or types of telehealth. Which of the following informational points of interest should be communicated to the health care professional?

A. Store-and-forward telehealth services should always occur in real time.
B. Store-and-forward telehealth services do not, typically, occur in real time.
C. Telehealth cannot be used for remote patient monitoring.
D. Remote patient monitoring may only be used when applied to diabetes management.

---

4. According to the course, which of the following statements is most accurate?

A. Telehealth may be used to help prevent patient exposure to infectious diseases.
B. Telehealth does not allow for the transmission of recorded health information.
C. Telehealth does not allow access to mobile health.
D. Telehealth may lead to potential increases in health care costs.

---

5. HIPAA laws do not apply to telehealth.

A. True
B. False

---

6. Which of the following statements is most accurate?

A. 42 CFR Part 2 indicates that health care professionals may not acknowledge that a person is a patient in a substance use program.
B. 42 CFR Part 2 indicates that health care professionals may acknowledge that a person is a patient in a substance use program.
C. 42 CFR Part 2 indicates that health care professionals may not acknowledge that a person is a patient in a substance use program if the patient is over the age of 25.
D. 42 CFR Part 2 indicates that health care professionals may acknowledge that a person is a patient in a substance use program if the patient is under the age of 25.

---

7. According to the course, which of the following statements is most accurate?

A. Specific laws regarding telehealth may vary by state.
B. Specific federal laws regarding telehealth may vary by state approved health care facility.
C. State laws do not apply to telehealth.
D. Federal laws do not apply to telehealth.

---

8. Which of the following statements, regarding telehealth-related recommendations is most accurate?

A. It is not necessary for health care professionals to determine a patient's capacity to receive health care via telehealth.
B. Health care professionals should determine a patient's capacity to receive health care via telehealth when telehealth is applied to patients over the age of 25.
C. It is not necessary for health care professionals to identify patients that may have special needs and/or requirements when engaging in telehealth.
D. Health care professionals should identify patients that may have special needs and/or requirements.

---

9. A fellow health care professional has questions regarding the application of the ethic principles of health care to telehealth. Which of the following informational points of interest should be communicated to the health care professional?

A. Patient autonomy does not apply to telehealth.
B. Beneficence, as it relates to health care, may refer to the act of doing what is best for the patient.
C. Health care professionals should not adhere to the ethic principle of nonmaleficence when applying telehealth to patient care.
D. The ethic principle of justice only applies to patient populations over the age of 65.

---

10. Which of the following statements regarding informed consent is most accurate?

A. Informed consent does not apply to telehealth.
B. Informed consent must be obtained, from a patient, after a health care intervention is conducted.

C. Informed consent is required for many aspects of health care including treatment and the dissemination of patient information.
D. The required standard for informed consent is determined by health care professionals.

---

11. Miscommunication may refer to the adequate transmission of information or messages between two or more individuals.

A. True
B. False

---

12. According to the course, which of the following recommendations may be used to prevent medical errors?

A. Health care professionals should use one patient identifier when providing health care.
B. Health care professionals should not answer patient medication questions when engaged in telehealth.
C. Health care professionals should ensure they possess insight into anticoagulation therapy/medications.
D. Health care professionals should not engage in infection control.

---

13. A fellow health care professional has questions regarding effective health care documentation. Which of the following points of interest should be expressed to the fellow health care professional?

A. Effective health care documentation typically only includes subjective information.
B. Effective health care documentation includes both clarity and completeness.
C. It is not necessary for health care documentation to be readily accessible.
D. It is not necessary for health care documentation to include the times and dates of health care administration.

---

14. Which of the following statements is most accurate?

A. HIPAA regulations prohibit the use of protected health information (PHI) on any form of social media.
B. HIPAA regulations do not prohibit the use of protected health information (PHI) on any form of social media.
C. Health care professionals may use individually identifiable health information on social media.
D. Health care professionals may only use individually identifiable health information on social media to communicate with patients, other health care professionals, and their personal friends.

---

15. According to the course, research indicates that telehealth can be beneficial when applied to diabetes management, especially when used to increase participation in diabetes self-management education and support programs.

A. True
B. False

---

16. A fellow health care professional has questions regarding key elements of tobacco cessation. Which of the following points of interest should be expressed to the fellow health care professional?

A. The 5A's of tobacco cessation include the following: Ask, Advise, Assess, Assist, and Arrange.
B. Behavioral interventions are not often used for tobacco cessation treatment.
C. Medications for smoking cessation should only be used for patients under the age of 40.
D. Medications for smoking cessation should only be used for patients over the age of 25.

---

17. A 28-year-old new mother is receiving breastfeeding support from a health care professional via telehealth. Which of the following educational points should be communicated to the new mother via telehealth?

A. Breastfeeding mothers, typically, do not require more calories to meet their nutritional needs while breastfeeding.
B. Breast pumps are not often required when breastfeeding.
C. Freshly expressed breast milk may be stored at room temperature for up to 4 hours.
D. Freshly expressed breast milk may be stored in the refrigerator for up to 28 days.

---

18. According to the course, which of the following educational points should be communicated to patients seeking nutrition education via telehealth?

A. Individuals should consume less than 10 percent of calories per day from added sugars.
B. A healthy eating pattern does not limit saturated fats.
C. Individuals should consume more than 10 percent of calories per day from saturated fats.
D. Individuals should consume more than 2,300 milligrams (mg) per day of sodium.

---

19. A fellow health care professional has questions regarding bioterrorism and related telehealth. Which of the following informational points of interest should be communicated to the health care professional?

A. Individuals victimized by a bioterrorism attack should not be encouraged to seek health care to address any psychological issues that may arise from a bioterrorism attack.
B. Bacteria, viruses and biotoxins are not often used in bioterrorism attacks.
C. Infection control and the treatment of infections may be two of the most important elements of action that may be required from health care professionals during and after a bioterrorism attack.
D. Health care documentation is not often required during/after a bioterrorism attack.

---

20. According to the course, a clinical decision algorithm, otherwise referred to as a clinical decision flow chart, should include information advising health care professionals when to recommend emergency services to a patient.

A. True
B. False

Copyright © 2026 Cheap Nursing CEUs

Visit us at https://www.cheapnursingceus.com