

Cheap Nursing CEUs

Team Care for Diabetes

1. Identify which of the following statements is correct:

- A. It is possible to delay but not prevent the onset of type 2 diabetes
 - B. It is possible to delay and prevent the onset of type 2 diabetes, but it is not possible to effectively manage type 2 diabetes
 - C. It is not possible to delay, prevent, or manage type 2 diabetes
 - D. It is possible to delay and prevent the onset of type 2 diabetes as well as effectively manage type 2 diabetes
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2. Which of the following is NOT a care delivery model for chronic disease?

- A. Medical home model
 - B. Healthy learner model
 - C. Universal model
 - D. Chronic care model
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3. Determine whether the following statement is True or False: Studies suggest that diabetes education is likely to be cost-effective, but further research is needed to conclusively determine its costs.

- A. True
 - B. False
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4. The Limb Preservation Service case study determined which of the following outcomes for podiatric team care?

- A. The rate of non-traumatic lower extremity amputations decreased despite an increase in the overall population of diabetic patients
 - B. The rate of non-traumatic lower extremity amputations increased in accordance with an increase in the overall population of diabetic patients
 - C. The rate of non-traumatic lower extremity amputations decreased in accordance with a decrease in the overall population of diabetic patients
 - D. The rate of non-traumatic lower extremity amputations increased despite a decrease in the overall population of diabetic patients
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5. Which of the following is NOT one of the possible benefits of providing peer support to other diabetic patients?

- A. Less depression
 - B. Heightened self-esteem
 - C. Reduced hospitalizations
 - D. Improved quality of life
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6. Which of the following was NOT a reported result of The Asheville Project's community-pharmacy program?

- A. Zero workers' compensation claims were filed
 - B. Medical costs increased by an average of \$1,500 per patient per year
 - C. Sick days were reduced by 50%
 - D. Mean A1C levels improved
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7. An IMPACT team usually consists of which of the following depression care managers?

- A. Physician, psychiatrist, peer
 - B. Psychiatrist, nurse, physician
 - C. Psychologist, social worker, nurse
 - D. Peer, social worker, psychologist
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8. Determine whether the following statement is True or False: Stepped diabetes care is estimated to result in a lifetime increase of \$27,000 per patient as a result of doubling the time involved in evaluating patients' management.

- A. True
 - B. False
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9. Which of the following is NOT an accurate description of telehealth (or telemedicine) applications?

- A. Telehealth utilizes high-speed web technology to assist patients in real time
 - B. Telehealth widens access to treatment and education for patients in remote areas
 - C. Telehealth improves the consistency of care for patients in medically underserved areas
 - D. Telehealth replaces team care professionals by monitoring patient follow-ups and visits electronically
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10. Which of the following is a potential reason to incorporate community health workers into collaborative care?

- A. Community health workers can help health care professionals better understand a patient's culture and achieve more effective care
- B. Community health workers can replace health care professionals in economically

disadvantaged communities and reduce the cost of care

C. Community health workers can serve as guardians for diabetic children undergoing behavioral family-based care

D. Community health workers can replace telehealth applications in remote areas and reduce the technological need for care

11. Determine whether the following statement is True or False: The Diabetes Prevention Program found that lifestyle intervention reduced the onset of diabetes in high-risk individuals by an average of 58% over three years.

A. True

B. False

12. Which of the following is the most expensive direct cost of diabetes care in the United States?

A. Physician office visits

B. Medication and supplies

C. Hospital inpatient care

D. Prescriptions to treat complications

13. Determine whether the following statement is True or False: Payment for non-primary diabetic care is improving, but often inadequate to cover its costs.

A. True

B. False

14. Each of the following is an important step in creating or expanding team care, EXCEPT:

A. Identify the patient population

B. Involve the surrounding nonmedical community

C. Ensure the commitment of leadership

D. Evaluate outcomes and adjust as necessary

15. Which societal factor contributes to the use of shared medical appointments?

A. Patient feelings of alienation

B. Increased prevalence of diabetes

C. Language barriers between patients and health care professionals

D. Decreased prevalence of primary care physicians

16. Which of the following did a pilot study suggest are effects of nurse practitioner-

physician team care versus care from a primary physician alone?

- A. Patients experience moderate improvement and costs are significantly higher**
 - B. Patients experience moderate improvement and costs are moderately higher**
 - C. Patients experience significant improvement and costs are moderately higher**
 - D. Patients experience significant improvement and costs are significantly higher**
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17. Determine whether the following statement is True or False: For podiatric and vascular surgeon team care, a hospital-based setting that includes both inpatient and outpatient care results in a financially unstable program.

- A. True**
 - B. False**
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18. Determine whether the following statement is True or False: Under medical direction and defined protocols, nurses can make clinical management decisions about treatment of diabetes.

- A. True**
 - B. False**
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19. Evidence suggests that team care can:

- A. Improve diabetes management**
 - B. Lower the risk for chronic complications**
 - C. Reduce risk factors for type 2 diabetes**
 - D. All of the above**
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20. Determine whether the following statement is True or False: Team (or "collaborative") care may be defined as the categorization of health care professionals into separate but linked specialty types.

- A. True**
 - B. False**
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21. Patients with chronic complications of diabetes may experience any of the following direct results EXCEPT for:

- A. Lost days from work or school**
 - B. Higher rates of disability**
 - C. Increased difficulty accessing Medicare**
 - D. Decreased quality of life**
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22. Team care composition may vary according to which of the following factors?

- A. Geographic location, clinical setting, patients' needs**
 - B. Organizational constraints, professional skills, patient loads**
 - C. Both A & B**
 - D. Neither A or B**
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23. Determine whether the following statement is True or False: The Indian Health Service (IHS)-Joslin Vision Network Teleophthalmology Program's ocular telehealth services were reported to cost more than traditional eye services and resulted in a 50% decrease in annual eye exams.

- A. True**
 - B. False**
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24. Determine whether the following statement is True or False: Team care requires an interactive, multi-expertised approach that maximizes the use of several health care professionals to aid patients in achieving the best possible outcomes.

- A. True**
 - B. False**
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25. Which aspect of team care requires further in-depth research the MOST in order to determine overall effectiveness?

- A. Method of providing team care**
 - B. Composition of care teams**
 - C. Environment of care delivery**
 - D. Cost of team care services**
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