

# Cheap Nursing CEUs

## Suicide Prevention

**1. Which of the following may be considered an individual level risk factor for suicide?**

- A. Barriers to health care
  - B. Substance abuse
  - C. Lack of social support
  - D. All of the above
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**2. Unsafe media portrayals of suicide may be considered a societal level risk factor for suicide.**

- A. True
  - B. False
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**3. Which of the following may be considered to be a suicide prevention strategy?**

- A. Strengthen economic supports
  - B. Create protective environments
  - C. Promote connectedness
  - D. All of the above
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**4. Which of the following may be an outcome of the following suicide prevention strategy: strengthen access and delivery of suicide care?**

- A. Decreased use of mental health services
  - B. Higher rates of treatment attrition
  - C. Reductions in depressive symptoms
  - D. All of the above
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**5. Organizational policies that promote protective environments may be implemented in places of employment, detention facilities, and other secured environments.**

- A. True
  - B. False
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**6. Peer norm programs seek to normalize protective factors for suicide, such as: help-seeking, reaching out and talking to trusted adults.**

- A. True
  - B. False
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**7. Which of the following statements is most accurate?**

- A. Social-emotional learning programs do not focus on developing and strengthening communication.
  - B. Social-emotional learning programs focus only on developing and strengthening communication.
  - C. Social-emotional learning programs do not focus on problem-solving skills.
  - D. Social-emotional learning programs focus on developing and strengthening communication and problem-solving skills.
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**8. Which of the following statements is most accurate?**

- A. Treatment to prevent re-attempts does not typically include follow-up contact with an individual that has attempted suicide.
  - B. Treatment to prevent re-attempts does not typically focus on improving coping skills.
  - C. Treatment to prevent re-attempts does not typically focus on mindfulness and other emotional regulation skills.
  - D. Treatment to prevent re-attempts may focus on improving coping skills, mindfulness, and other emotional regulation skills.
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**9. Suicide prevention hotlines are the only way to provide crisis intervention.**

- A. True
  - B. False
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**10. Active follow-up contact approaches, such as postcards and letters, may be used as treatment to prevent suicide re-attempts.**

- A. True
  - B. False
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**11. Which of the following may be considered a suicide postvention?**

- A. Debriefing session
  - B. Counseling
  - C. Bereavement support groups
  - D. All of the above
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**12. Monitoring and evaluation are necessary components of the public health approach to suicide prevention.**

- A. True
  - B. False
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