

# Cheap Nursing CEUs

## Stroke - Hope Through Research

**1. Which of the following statements regarding an ischemic stroke is most accurate?**

- A. An ischemic stroke occurs when an artery in the brain bursts
  - B. An ischemic stroke occurs when an artery supplying the brain with blood becomes blocked
  - C. An ischemic stroke occurs when an artery supplying the brain with blood becomes unblocked
  - D. None of the above
- 

**2. Approximately 25 percent of people who recover from their first stroke will have another stroke within 5 years.**

- A. True
  - B. False
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**3. Which of the following symptoms can be associated with the onset of a stroke?**

- A. Sudden numbness or weakness of the face
  - B. Sudden trouble seeing in one eye
  - C. Loss of balance
  - D. All of the above
- 

**4. A computerized tomography scan can show evidence of bleeding into the brain almost immediately after stroke symptoms appear.**

- A. True
  - B. False
- 

**5. A 68 year-old hypertensive, man presents to your clinic. Which of the following factors may put the patient at risk for stroke?**

- A. Age
  - B. Gender
  - C. Hypertension
  - D. All of the above
- 

**6. Atrial fibrillation increases an individual's risk of stroke by 4 to 6 percent.**

- A. True
  - B. False
-

**7. Which of the following patients may be at risk for stroke?**

- A. A 67 year-old female patient with a medical history positive for heart disease
  - B. A 58 year-old overweight, male patient with high cholesterol
  - C. A 60 year-old male, recovering alcoholic with uncontrolled diabetes
  - D. All of the above
- 

**8. You are discussing a 62 year-old women's case with the patient's primary care physician. Which of the following recommendations can be made to lower the patient's risk for stroke?**

- A. Quit smoking
  - B. Diet modifications to increase the patient's HDL
  - C. Diet modifications to lower the patient's HDL
  - D. Both A and B
- 

**9. Which of the following statements is MOST accurate?**

- A. Warfarin reduces stroke risk by increasing the clotting property of the blood
  - B. Warfarin reduces stroke risk by reducing the clotting property of the blood
  - C. Warfarin increases stroke risk by reducing the clotting property of the blood
  - D. None of the above
- 

**10. Which of the following statements regarding the use of a recombinant tissue plasminogen activator is MOST accurate?**

- A. It can be effective if given orally within 3 hours of stroke symptom onset
  - B. It can be effective if given intravenously within 3 hours of stroke symptom onset
  - C. It can be effective if given intravenously within 48 hours of stroke symptom onset
  - D. None of the above
- 

**11. Surgery can be used to prevent stroke, however it cannot be used to treat acute stroke.**

- A. True
  - B. False
- 

**12. Which of the following statements regarding "clipping" is most accurate?**

- A. Clipping is a procedure that restores blood flow to a blood-deprived area of brain tissue
  - B. Clipping is a procedure for the treatment of brain aneurysms, which cause subarachnoid hemorrhages
  - C. Clipping is a procedure which involves the process of inserting a small platinum coil into an artery
  - D. All of the above
-

**13. Which of the following health care professionals can be called upon to rehabilitate a stroke patient?**

- A. Physical therapist
  - B. Speech language pathologist
  - C. Psychiatrist
  - D. All of the above
- 

**14. Which of the following complications can result from a stroke?**

- A. Complete paralysis on one side of the body
  - B. Aphasia
  - C. Uncomfortable numbness
  - D. All of the above
- 

**15. Which of the following statements regarding patient stroke risk is MOST accurate?**

- A. Pregnancy increases the risk of stroke
  - B. Pregnancy decreases the risk of stroke
  - C. Children are never at risk for stroke
  - D. None of the above
- 

**16. Phase III randomized clinical trials are often called the gold standard of clinical trials.**

- A. True
  - B. False
- 

**17. The LEAPS trial suggests stroke recovery occurs early and tops out at six months.**

- A. True
  - B. False
- 

**18. You have just received a new patient to your unit. The patient is a 64 year-old man with a history of small subcortical strokes. According to the SPS3 trial, which of the following recommendations could be made to help decrease the patient's stroke risk?**

- A. Begin aspirin therapy
  - B. Monitor the patient's white blood cells
  - C. Both A and B
  - D. None of the above
-

**19. Your team is treating a 68 year-old male patient who is suffering from a narrowing of a brain artery due to a recent stroke. According to the SAMMPRIS trial, which of the following recommendations could be made to help decrease the patient's risk for stroke?**

- A. Initiate medication therapy to lower the patient's high cholesterol levels
  - B. Decrease alcohol consumption
  - C. Monitor patient's blood pressure
  - D. All of the above
- 

**20. Which of the following statement regarding the FAST-MAG trial is MOST accurate?**

- A. The results of the FAST-MAG trial may impact t-PA administration
  - B. The results of the FAST-MAG trial may impact blood glucose monitoring
  - C. The results of the FAST-MAG trial may impact blood pressure monitoring
  - D. None of the above
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