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## Significant Development Changes in Borderline Personality Disorder

1. Which of the following statements regarding the appraisal theory of resilience is most accurate?

- A. The appraisal theory of resilience is based on a specific understanding of the nature of higher-order cognition.
  - B. The appraisal theory of resilience puts forth the notion that a potentially stressful stimulus is not often perceived by an individual.
  - C. The appraisal theory of resilience puts forth the notion that a potentially stressful stimulus is often perceived by an individual but not mentally represented by the individual.
  - D. The appraisal theory of resilience puts forth the notion that potentially stressful stimulus are not often perceived by an individual or mentally represented by the individual.
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2. Higher-order cognition appears to be more flexible within the brain than other, more specialized modal forms of cognition such as basic vision and hearing.

- A. True
  - B. False
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3. Which of the following statements is most accurate?

- A. Individuals with BPD tend to be very prone to automatic, non-reflective mentalizing.
  - B. Individuals with BPD do not tend to be prone to automatic, non-reflective mentalizing.
  - C. Individuals with BPD tend to rely on cognitive mentalizing.
  - D. Individuals with BPD do not rely on affective mentalizing.
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4. Mentalizing profiles of BPD may include difficulties in coherently representing the self independently of the other.

- A. True
  - B. False
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5. Which of the following statements is most accurate?

- A. Patients with BPD do not have a specific problem in relation to reappraisal proper because they find it challenging to generate second-order representations of mental

states.

B. Patients with BPD have a specific problem in relation to reappraisal proper because they find it challenging to generate second-order representations of mental states.

C. Patients with BPD have a specific problem in relation to reappraisal proper because they do not find it challenging to generate second-order representations of mental states.

D. Patients with BPD have a specific problem in relation to reappraisal proper because they find it challenging to block second-order representations of mental states.

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6. A patient presents with BPD. Which of the following statements is most accurate regarding the patient's ability to inhibit retraumatizing triggers?

A. The patient can cognitively inhibit retraumatizing triggers; therefore the patient is not vulnerable to threat-associated sensations when remembering traumatic events.

B. The patient can cognitively inhibit retraumatizing triggers; therefore the patient is vulnerable to threat-associated sensations when remembering traumatic events.

C. The patient cannot cognitively inhibit retraumatizing triggers; therefore the patient is not vulnerable to threat-associated sensations when remembering traumatic events.

D. The patient cannot cognitively inhibit retraumatizing triggers; therefore the patient is vulnerable to threat-associated sensations when remembering traumatic events.

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7. Which of the following statements is most accurate?

A. Young, maltreated children typically engage in less symbolic and less child-initiated dyadic play.

B. Young, maltreated children typically engage in more symbolic and more child-initiated dyadic play.

C. Young, maltreated children never engage in child-initiated dyadic play.

D. Young, maltreated children never engage in any kind of play.

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8. According to the Natural Pedagogy Model of Personality Disorder, a history of adversity does not often lead to a loss of balanced mentalizing.

A. True

B. False

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9. A patient is receiving adaptive mentalization-based integrative therapy (AMBIT). Which of the following therapeutic options is most likely included in the patient's AMBIT?

A. Ativan

B. Diazepam

C. Electroconvulsive therapy

D. Mentalizing

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**10. Transference Focused Psychotherapy communicates information about primarily subtle intrapsychic relationships.**

- A. True**
  - B. False**
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**11. Which of the following statements is most accurate?**

- A. Mentalizing often does not moderate the impact of therapeutic communication.**
  - B. Mentalizing does not impact therapeutic communication.**
  - C. The experience of having one's subjectivity understood is often a necessary trigger for being able to receive and learn from social knowledge.**
  - D. The experience of having one's subjectivity understood is not often a necessary trigger for being able to receive and learn from the social knowledge.**
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**12. The third communication system is a process of opening a person's mind via establishing epistemic trust.**

- A. True**
  - B. False**
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