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Significant Development Changes in Bipolar Personality Disorder

1. Which of the following statements regarding the appraisal theory of resilience is most accurate?

- A. The appraisal theory of resilience is based on a specific understanding of the nature of higher-order cognition.
 - B. The appraisal theory of resilience puts forth the notion that a potentially stressful stimulus is not often perceived by an individual.
 - C. The appraisal theory of resilience puts forth the notion that a potentially stressful stimulus is often perceived by an individual but not mentally represented by the individual.
 - D. The appraisal theory of resilience puts forth the notion that potentially stressful stimulus are not often perceived by an individual or mentally represented by the individual.
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2. Higher-order cognition appears to be more flexible within the brain than other, more specialized modal forms of cognition such as basic vision and hearing.

- A. True
 - B. False
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3. Which of the following statements is most accurate?

- A. Individuals with BPD tend to be very prone to automatic, non-reflective mentalizing.
 - B. Individuals with BPD do not tend to be prone to automatic, non-reflective mentalizing.
 - C. Individuals with BPD tend to rely on cognitive mentalizing.
 - D. Individuals with BPD do not rely on affective mentalizing.
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4. Mentalizing profiles of BPD may include difficulties in coherently representing the self independently of the other.

- A. True
 - B. False
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5. Which of the following statements is most accurate?

- A. Patients with BPD do not have a specific problem in relation to reappraisal proper because they find it challenging to generate second-order representations of mental

states.

B. Patients with BPD have a specific problem in relation to reappraisal proper because they find it challenging to generate second-order representations of mental states.

C. Patients with BPD have a specific problem in relation to reappraisal proper because they do not find it challenging to generate second-order representations of mental states.

D. Patients with BPD have a specific problem in relation to reappraisal proper because they find it challenging to block second-order representations of mental states.

6. A patient presents with BPD. Which of the following statements is most accurate regarding the patient's ability to inhibit retraumatizing triggers?

A. The patient can cognitively inhibit retraumatizing triggers; therefore the patient is not vulnerable to threat-associated sensations when remembering traumatic events.

B. The patient can cognitively inhibit retraumatizing triggers; therefore the patient is vulnerable to threat-associated sensations when remembering traumatic events.

C. The patient cannot cognitively inhibit retraumatizing triggers; therefore the patient is not vulnerable to threat-associated sensations when remembering traumatic events.

D. The patient cannot cognitively inhibit retraumatizing triggers; therefore the patient is vulnerable to threat-associated sensations when remembering traumatic events.

7. Which of the following statements is most accurate?

A. Young, maltreated children typically engage in less symbolic and less child-initiated dyadic play.

B. Young, maltreated children typically engage in more symbolic and more child-initiated dyadic play.

C. Young, maltreated children never engage in child-initiated dyadic play.

D. Young, maltreated children never engage in any kind of play.

8. According to the Natural Pedagogy Model of Personality Disorder, a history of adversity does not often lead to a loss of balanced mentalizing.

A. True

B. False

9. A patient is receiving adaptive mentalization-based integrative therapy (AMBIT). Which of the following therapeutic options is most likely included in the patient's AMBIT?

A. Ativan

B. Diazepam

C. Electroconvulsive therapy

D. Mentalizing

10. Transference Focused Psychotherapy communicates information about primarily subtle intrapsychic relationships.

- A. True**
 - B. False**
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11. Which of the following statements is most accurate?

- A. Mentalizing often does not moderate the impact of therapeutic communication.**
 - B. Mentalizing does not impact therapeutic communication.**
 - C. The experience of having one's subjectivity understood is often a necessary trigger for being able to receive and learn from social knowledge.**
 - D. The experience of having one's subjectivity understood is not often a necessary trigger for being able to receive and learn from the social knowledge.**
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12. The third communication system is a process of opening a person's mind via establishing epistemic trust.

- A. True**
 - B. False**
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