

Cheap Nursing CEUs

Shoulder Dystocia

1. What primarily defines shoulder dystocia during delivery?

- A. The failure of the fetal head to emerge from the pelvis
- B. The inability of the fetal shoulders to pass through the pelvic inlet within sixty seconds
- C. The trapping of the posterior shoulder under the pelvic outlet
- D. The fetal head retracting back into the birth canal against the perineum

2. Which fetal factor contributes to the risk of shoulder dystocia?

- A. A transverse fetal lie
- B. An abnormal shape of the fetal head
- C. A prolonged first stage of labor
- D. Fetal macrosomia or large birth weight

3. Which clinical sign is often seen in shoulder dystocia but is not definitive due to other potential causes?

- A. Prolonged delivery time for the fetal head
- B. Turtle sign where the fetal head retracts back into the birth canal
- C. Excessive head molding
- D. Prior cesarean section scar pain

4. In shoulder dystocia, which of the following is a first-line maneuver used to increase pelvic outlet space?

- A. Attempting the Woods screw maneuver
- B. Applying suprapubic pressure
- C. Performing an immediate episiotomy
- D. Delivering the posterior arm

5. For a patient with diabetes, at what estimated fetal weight is cesarean delivery recommended to prevent shoulder dystocia?

- A. 4,000 grams
- B. 5,000 grams
- C. 5,500 grams
- D. 4,500 grams

6. What is the primary purpose of heroic measures in the management of shoulder dystocia?

- A. To minimize maternal discomfort during delivery
- B. To perform maneuvers associated with low fetal and maternal morbidity
- C. To safely resolve shoulder dystocia when other interventions have failed
- D. To expedite the delivery process regardless of potential risks

7. Which of the following risk factors are most closely associated with the occurrence of shoulder dystocia?

- A. A maternal history of hypertension and preterm labor
- B. Male fetus, gestational diabetes, and fetal macrosomia
- C. Advanced maternal age and low fetal weight
- D. Multiparity and increased cervical dilation

8. What is one reason why fundal pressure should be avoided during shoulder dystocia?

- A. It can exacerbate shoulder impaction and risk uterine rupture
- B. It may improve oxygen supply to the fetus
- C. It often results in successful delivery of the fetus
- D. It helps in maneuvering the fetal shoulders easily

9. Which of the following is a potential neonatal complication associated with shoulder dystocia?

- A. Transient femoral neuropathy
- B. Pubic symphysis diastasis
- C. Postpartum hemorrhage
- D. Clavicle and humerus fractures

10. Why is effective communication crucial during the management of shoulder dystocia?

- A. To ensure each maneuver is performed for at least five minutes
- B. To allow for unnecessary interventions
- C. To share clear orders and manage time effectively to prevent severe complications
- D. To guarantee that all team members convey subjective opinions
