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Shaken Baby Syndrome: A Guide for Health Departments

1. Babies (newborn to 4 months) are at the greatest risk of injury from shaking.
A. True B. False
2. Which of the following statements regarding shaken baby syndrome (SBS) is most accurate?
A. SBS injuries are always visible.B. SBS injuries are not always visible.
C. Frequent crying does not put a baby at risk for SBS. D. Most SBS victims are female.
3. Low socioeconomic status does not increase a parent?s or caregiver?s risk of shaking a baby.
A. True B. False
4. Which of the following factors may alert a health care professional to a possible SBS injury?
A. The presence of a new adult partner in the homeB. Physical evidence of multiple injuries at varying stages of healing
C. Unexplained changes in neurologic status D. All of the above
5. Individual-level strategies are ones that can be aimed at changing parents? or caregivers? knowledge and skills.
A. True B. False
6. Which of the following statements regarding babies is most accurate?
A. Crying peaks around 9 months, then decreases.
B. Crying peaks around 8 months, then decreases.C. Crying peaks around 6 months, then decreases.
D. Crying peaks around 2 months, then decreases.

- 7. When developing messages to help prevent child maltreatment, it is important to focus on making people aware of what to normally expect as a child develops.
- A. True
- B. False
- 8. Which of the following statements may be used as a prevention message to a parent or caregiver?
- A. Prolonged, inconsolable crying is not normal for a baby.
- B. It is not necessary to check your baby for signs of illness when he or she is crying.
- C. It is not necessary to assess whether your baby is hungry when he or she is crying.
- D. See a health care professional if you have anger management or other behavioral concerns.
- 9. Which of the following statements may be used as a prevention message to a bystander?
- A. Excessive crying is not a normal phase in infant development.
- B. Sometimes babies cry for no apparent reason.
- C. It is always possible to console a crying infant.
- D. It is never appropriate to offer child care to parents.
- 10. The organization you work for organizes a team of health care professionals to develop messages for health care professionals regarding SBS. You are included on the team and your responsibility is to select appropriate messages for health care professionals. Which of the following prevention messages may be appropriate for a health care professional?
- A. Let parents know it is not normal to feel frustrated at long bouts of crying.
- B. Let parents know what to check for when their baby is crying.
- C. Let parents know it is not appropriate to walk away from a crying baby and call for help.
- D. Let parents know it is never safe to place a baby in a crib when he or she is crying.

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