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Neonatal Intensive Care Unit: Environmental Stressors and Supports

1. Which of the following statements regarding the results of the study is most accurate?

- A. Women often noted lack of quality communication with the nursing staff as a minor stressor in the NICU.
- B. Women often noted lack of quality communication with the nursing staff as a major stressor in the NICU.
- C. Women and men often noted lack of quality communication with the nursing staff as a major stressor in the NICU.
- D. Women and men often noted lack of quality communication with the physician staff as a major stressor in the NICU.

2. Which of the following statements regarding the results of the study is most accurate?

- A. Good bedside manner was noted as a stressor.
- B. Poor bedside manner was noted as a stressor.
- C. Poor bedside manner was noted as a stressor among women over the age of 25.
- D. Poor bedside manner was noted as a stressor among women over the age of 35.

3. According to the study, communicating with other mothers in the NICU was a factor that reportedly increased the stresses of having an infant in the NICU.

- A. True
- B. False

4. According to the study, which of the following statements is most accurate?

- A. "Social support has been identified as a stress factor for individuals, particularly in stressful situations such as parenting. "
- B. "Social support has been identified as a protective factor for individuals, particularly in stressful situations such as parenting. "
- C. "Social support has been identified as a non-protective factor for individuals, particularly in stressful situations such as parenting. "
- D. A lack of social support has been identified as a protective factor for individuals, particularly in stressful situations such as parenting.

5. The clinical implications of the study include the need for regular evidence-based training for medical staff on awareness, communication, empathy and other behaviors that might improve bedside manner and promote inclusion of mothers in infant care.

- A. True
- B. False

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