

Cheap Nursing CEUs

Mental Health Care for Veterans

1. Which of the following best represents a sign that may indicate a military veteran is suffering from a mental health condition?

- A. Social isolation
- B. Increased socialization
- C. Weight gain over a period of four months
- D. Weight gain over a period of six months

2. A health care professional believes that a military veteran is suffering from PTSD. Which of the following signs/symptoms may indicate that the military veteran may be suffering from PTSD?

- A. Long-term feelings of rage
- B. Eating when full or not hungry
- C. Polyuria
- D. Polyphagia

3. A health care professional has questions regarding dissociative amnesia. Which of the following informational points of interest should be communicated to the health care professional?

- A. The onset for an amnesic episode associated with dissociative amnesia is typically sudden.
- B. The onset for an amnesic episode associated with dissociative amnesia is typically sudden, and only lasts for 5 - 10 seconds.
- C. Dissociative amnesia leads to dissociative identity disorder.
- D. Dissociative amnesia leads to dissociative identity disorder in individuals over the age of 25.

4. Which of the following statements is most accurate?

- A. The PC-PTSD-5 is a 5-item screen that was designed to identify patients with probable PTSD in primary care settings.
- B. The PC-PTSD-5 is a 10-item screen that was designed to identify patients with probable PTSD in primary care settings.
- C. The PC-PTSD-5 is a 5-item screen that was designed to identify patients with probable PTSD in hospitals.
- D. The PC-PTSD-5 is a 10-item screen that was designed to identify patients with probable PTSD in hospitals.

5. Which of the following best represents a question from the GAD-7?

- A. Over the last two weeks, how often have you been feeling depressed?

- B. Over the last two weeks, how often did you feel euphoria?
- C. Over the last two weeks, how often have you been bothered by any of the following problems: feeling nervous, anxious, or on edge?
- D. Over the last two weeks, how often have you been bothered by any of the following problems: increased hunger, increased energy, and nervousness?

6. Which of the following statements is most accurate?

- A. 988 Suicide and Crisis Lifeline only accepts calls.
- B. 988 Suicide and Crisis Lifeline only accepts calls and texts.
- C. 988 Suicide and Crisis Lifeline only accepts calls, texts, and chats from individuals over the age of 21 who need support for a suicidal, mental health and/or substance use crisis.
- D. 988 Suicide and Crisis Lifeline accepts calls, texts, and chats from anyone who needs support for a suicidal, mental health and/or substance use crisis.

7. A 42-year-old military veteran has questions regarding the Veterans Crisis Line. Which of the following educational points should be expressed to the patient?

- A. If a military veteran is experiencing a crisis, he or she can contact the Veterans Crisis Line by dialing 911 and then pressing 2.
- B. If a military veteran is experiencing a crisis, he or she can contact the Veterans Crisis Line by dialing 988 and then pressing 1.
- C. The Veterans Crisis Line is reserved for individuals under the age of 25.
- D. The Veterans Crisis Line is reserved for individuals over the age of 65.

8. A health care professional has questions regarding resources for military veterans. Which of the following informational points of interest should be communicated to the health care professional?

- A. Vet Centers are reserved for homeless veterans.
- B. VA Mental Health connects veterans to mental health services the VA provides for veterans and families.
- C. The NRD connects wounded warriors, service members, veterans, and their families with health care facilities that specialize in medication management.
- D. Moving Forward is a free, online educational and life coaching program that teaches military veterans under the age of 25 how to use naloxone.

9. According to the course, which of the following best represents a sign of delirium?

- A. Trouble speaking
- B. Trouble walking without falling
- C. Incontinence
- D. Elevated blood pressure

10. A 24-year-old male military veteran has questions regarding Zoloft. Which of the following educational points should be expressed to the patient?

- A. A typically adult starting dose for Zoloft treatment is 25 mg daily.
- B. A typically adult starting dose for Zoloft treatment is 100 mg daily.
- C. Zoloft is not associated with decreased appetite.
- D. Zoloft is not associated with decreased libido.

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