Cheap Nursing CEUs

Mental Health Care for Veterans

1. Which of the following best represents a sign that may indicate a military veteran is suffering from a mental health condition?

A. Social isolation
B. Increased socialization
C. Weight gain over a period of four months
D. Weight gain over a period of six months

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2. A health care professional believes that a military veteran is suffering from PTSD. Which of the following signs/symptoms may indicate that the military veteran may be suffering from PTSD?

A. Long-term feelings of rage
B. Eating when full or not hungry
C. Polyuria
D. Polyphagia

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3. A health care professional has questions regarding dissociative amnesia. Which of the following informational points of interest should be communicated to the health care professional?

A. The onset for an amnesic episode associated with dissociative amnesia is typically sudden.
B. The onset for an amnesic episode associated with dissociative amnesia is typically sudden, and only lasts for 5 - 10 seconds.
C. Dissociative amnesia leads to dissociative identity disorder.
D. Dissociative amnesia leads to dissociative identity disorder in individuals over the age of 25.

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4. Which of the following statements is most accurate?

A. The PC-PTSD-5 is a 5-item screen that was designed to identify patients with probable PTSD in primary care settings.
B. The PC-PTSD-5 is a 10-item screen that was designed to identify patients with probable PTSD in primary care settings.
C. The PC-PTSD-5 is a 5-item screen that was designed to identify patients with probable PTSD in hospitals.
D. The PC-PTSD-5 is a 10-item screen that was designed to identify patients with probable PTSD in hospitals.

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5. Which of the following best represents a question from the GAD-7?

A. Over the last two weeks, how often have you been feeling depressed?

B. Over the last two weeks, how often did you feel euphoria?
C. Over the last two weeks, how often have you been bothered by any of the following problems: feeling nervous, anxious, or on edge?
D. Over the last two weeks, how often have you been bothered by any of the following problems: increased hunger, increased energy, and nervousness?

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6. Which of the following statements is most accurate?

A. 988 Suicide and Crisis Lifeline only accepts calls.
B. 988 Suicide and Crisis Lifeline only accepts calls and texts.
C. 988 Suicide and Crisis Lifeline only accepts calls, texts, and chats from individuals over the age of 21 who need support for a suicidal, mental health and/or substance use crisis.
D. 988 Suicide and Crisis Lifeline accepts calls, texts, and chats from anyone who needs support for a suicidal, mental health and/or substance use crisis.

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7. A 42-year-old military veteran has questions regarding the Veterans Crisis Line. Which of the following educational points should be expressed to the patient?

A. If a military veteran is experiencing a crisis, he or she can contact the Veterans Crisis Line by dialing 911 and then pressing 2.
B. If a military veteran is experiencing a crisis, he or she can contact the Veterans Crisis Line by dialing 988 and then pressing 1.
C. The Veterans Crisis Line is reserved for individuals under the age of 25.
D. The Veterans Crisis Line is reserved for individuals over the age of 65.

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8. A health care professional is reviewing resources available to military veterans. Which of the following statements regarding these resources is accurate?

A. Vet Centers are reserved for homeless veterans.
B. The VA Mental Health program connects veterans with mental health services and provides care that supports recovery.
C. The NRD connects wounded warriors, service members, veterans, and their families with health care facilities that specialize in medication management.
D. Moving Forward is a free, online educational and life coaching program that teaches military veterans under the age of 25 how to use naloxone.

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9. According to the course, which of the following best represents a sign of delirium?

A. Trouble speaking
B. Trouble walking without falling
C. Incontinence
D. Elevated blood pressure

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10. A 24-year-old male military veteran has questions regarding Zoloft. Which of the following educational points should be expressed to the patient?

A. A typically adult starting dose for Zoloft treatment is 25 mg daily.
B. A typically adult starting dose for Zoloft treatment is 100 mg daily.
C. Zoloft is not associated with decreased appetite.
D. Zoloft is not associated with decreased libido.

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