

# Cheap Nursing CEUs

## LGBT Health Issues

### Helpful Terms for Prevention Specialists and Healthcare Providers

**1. Which of the following terms is used by persons who may not entirely identify as either male or female?**

- A. Bigender
  - B. Gender non-conforming
  - C. Genderqueer
  - D. Transgender
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### A Discussion About Gender Identity

**2. During which stage of gender identity development do children have well-developed gender stereotypes and show rigidity about their gender beliefs?**

- A. Construction
  - B. Consolidation
  - C. Integration
  - D. All of the above
- 

**3. Research shows that gender identity, in many cases, is dependent on sexual orientation.**

- A. True
  - B. False
- 

### Top Health Issues for Lesbians

**4. Which of the following risk factors for heart disease have been found to be more prevalent among lesbians than other women?**

- A. Physical inactivity
  - B. Obesity
  - C. Smoking
  - D. All of the above
-

**5. Lesbians are at significantly higher risk for developing breast cancer than heterosexual women.**

- A. True
  - B. False
- 

**6. Among adults, a study that examined the risk of psychiatric disorders among individuals with same-sex partners found that, during the previous 12 months, women with same-sex partners, compared to women with opposite-sex partners, experienced more of all of the following mental health disorders, except for:**

- A. Anxiety
  - B. Major depression
  - C. Phobia
  - D. Post-traumatic stress disorder
- 

**7. It is critical to discuss with patients their coming out experience and/or plans to come out to friends and family. Many times, patients will need resources and support for this critical milestone.**

- A. True
  - B. False
- 

**8. Which of the following report more hazardous drinking?**

- A. Lesbian women
  - B. Bisexual women
  - C. Heterosexual women
  - D. All of the above report equal rates of hazardous drinking
- 

## **Top Health Issues for Gay Men**

**9. Gay men are at increased risk for all of the following types of cancer, except for:**

- A. Mouth and throat
  - B. Prostate
  - C. Testicular
  - D. Colon
- 

**10. Which of the following is more common among gay men than among their straight counterparts?**

- A. Problems with body image
- B. Bulimia

- C. Anorexia nervosa
  - D. All of the above
- 

**11. Of young MSM, which of the following bear the greatest HIV/AIDS burden?**

- A. White MSM
  - B. African-American MSM
  - C. Hispanic MSM
  - D. Asian MSM
- 

**12. Safer sex has been shown to be effective in reducing the risk of receiving and transmitting HIV.**

- A. True
  - B. False
- 

**13. Contracting syphilis makes one more likely to transmit or acquire HIV infection sexually.**

- A. True
  - B. False
- 

**14. Which of the following may play a role in the increased rates of anal cancers among gay men?**

- A. HIV
  - B. Syphilis
  - C. HPV
  - D. All of the above
- 

**15. Universal immunization for all of the following is recommended for all MSM, except for:**

- A. HAV
  - B. HBV
  - C. HCV
  - D. All of the above immunizations are recommended
- 

## **Top Health Issues for Bisexual Men and Women**

**16. Among the risk factors for heart disease, bisexual women, compared to heterosexual women, are more likely to report which of the following?**

- A. Higher smoking rates
  - B. Higher blood pressure levels
  - C. Higher cholesterol levels
  - D. All of the above
-

**17. Bisexual adults are significantly less likely to engage in sufficient amounts of physical activity than heterosexual adults.**

- A. True
  - B. False
- 

**18. Which of the following statements is true with regard to testing behaviors among bisexual women?**

- A. Among women ages 40 to 64 years old, bisexual women are more likely to report having had a mammogram in the past 2 years than heterosexual women.
  - B. Bisexual women have the highest rate of having received a Pap test in the past 2 years when compared to lesbian and heterosexual women.
  - C. Both (A) and (B) are true.
  - D. None of the above are true.
- 

**19. Compared to heterosexual women, bisexual women are more likely to report engaging in which of the following?**

- A. Sex with a man who is known to have sex with men.
  - B. Sex with an HIV positive man.
  - C. Sex with injecting drug users.
  - D. All of the above.
- 

**20. When compared with heterosexual women and lesbians, bisexual women exhibit the lowest rates of combining substance and/or alcohol use with sex.**

- A. True
  - B. False
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**21. Studies have generally found that bisexual and gay men are more likely to report having a sexually transmitted infection than are people of other sexual orientations.**

- A. True
  - B. False
- 

**22. Researchers have suggested that bisexual adults have the lowest level of emotional well-being among people of other sexual orientations.**

- A. True
  - B. False
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**23. Bisexual men are significantly more likely to binge drink than heterosexual men.**

- A. True
  - B. False
- 

## **Top Health Issues for Transgender People**

**24. Research suggests an association between masculinizing hormone therapies, such as testosterone, and all of the following, except for:**

- A. Venous thromboembolic disease
  - B. Elevated liver enzymes
  - C. Loss of bone mineral density
  - D. Increased risk for ovarian cancer
- 

**25. It is critical for nurses to note that, in transgender women who take estrogen, smoking greatly increases the chances for blood clots.**

- A. True
  - B. False
- 

**26. Transgender men who take testosterone increase their risk of heart disease, and smoking further increases that risk.**

- A. True
  - B. False
- 

**27. Studies have suggested that barriers to treatment services for transgender people often include:**

- A. Discrimination
  - B. Provider hostility and insensitivity
  - C. Strict binary gender segregation within programs
  - D. All of the above
- 

**28. Which of the following have the highest rates of HIV prevalence among transgender people?**

- A. African-American transgender men
  - B. African-American transgender women
  - C. Latina transgender women
  - D. Latino transgender men
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