Cheap Nursing CEUs

HIV Treatment

- 1. Which of the following statements regarding antiretroviral therapy (ART) is most accurate?
- A. ART is recommended for HIV-infected individuals for the prevention of transmission of HIV.
- B. Studies have shown ART cannot prevent the transmission of HIV.
- C. Studies have shown ART cannot improve HIV patients' immune system function.
- D. None of the above
- 2. A 48 year-old male, HIV patient presents to your hospital with an acute infection. He is currently on no medications and his CD4 count is below 350 cells/ \hat{I}^1 /4L. Which of the following recommendations can be made to reduce HIV-related morbidity?
- A. Initiate an ART treatment regimen when the patient's CD4 count is below 300
- B. Initiate an ART treatment regimen when the patient's CD4 count is below 200
- C. Initiate an ART treatment regimen as soon as possible
- D. None of the above
- 3. You are taking an HIV patient's history upon admission. It is important to gather information on which of the following?
- A. Medication allergies
- B. HIV RNA (viral load) history
- C. Current medications, including herbal preparations
- D. All of the above
- 4. Which of the following should be included in the first step to initiating a patient on an ART regimen?
- A. Select the appropriate medications
- B. Review the medication side effects with the patient
- C. Have a detailed discussion with the patient about his or her readiness to commit to a medication regimen
- D. None of the above
- 5. ART medications cannot be initiated after the presence of an opportunistic infection.
- A. True
- B. False

6. Which of the following medications are considered to be a NRTI fixed-dose, combination formulation?
A. Truvada B. Epzicom C. Kaletra D. Both A and B
7. Preferred INSTI based regimens may include Raltegravir.
A. True B. False
8. Your patient is initiated on ART medications. Which of the following should be monitored?
A. Adverse reactions B. CD4 count C. Blood pressure D. All of the above
9. "Antiretroviral (ARV) medications can be given in two-drug regimens to decrease the potential for developing of resistance." $\frac{1}{2}$
A. True B. False
10. A 32 year-old women is admitted to your unit. She is currently experiencing ART treatment failure. Which of the following factors could have lead to her treatment failure?
A. Poor ARV medication adherence B. ARV resistance
C. CD4 count elevation D. Both A and B
11. Combination ARV regimens are recommended for all HIV-infected women during pregnancy, regardless of CD4 count.
A. True B. False
12. Which of the following ARV medications can be used during pregnancy?
A. Tenofovir

13. "HIV-infected pregnant women who have not received ARV prior to labor should be given ZDV as a continuous infusion during labor."
A. True B. False
14. What is the recommended infant ZDV dose?
A. 4 mg/kg/dose PO QID B. 4 mg/kg/dose PO BID C. 8 mg/kg/dose PO BID D. 8 mg/kg/dose PO TID
15. Which of the following should be evaluated during every medical visit by pregnant women w HIV?
A. Blood pressure B. Intimate-partner violence C. HIV antibody test D. Both A and B
16. Which of the following immunizations are recommended for pregnant women with HIV infection?
A. Varicella B. Measles/Mumps/Rubella C. Tetanus-diphtheria-pertussis D. Both A and B
17. "Heterosexual transmission of HIV is more efficient from man to woman than from woman t man."
A. True B. False
18. Which of the following ARV adverse effects may be more severe in women?
A. Anemia B. Bone loss C. Lactic acidosis

B. KaletraC. NevirapineD. All of the above

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19. A 36 year-old male patient is admitted to your unit for palliative HIV care. Which of the following treatment strategies may be used as supportive care?

- A. Pain management
- B. Nausea management
- C. Depression treatment
- D. All of the above
- 20. Megestrol acetate may improve appetite and fatigue in HIV patients.
- A. True
- B. False
- 21. Which of the following medications may be used to treat HIV related constipation?
- A. Senna
- B. Docusate
- C. Zofran
- D. Both A and B
- 22. You are asked to educate your HIV patient on advance care planning, what should you include?
- A. Advance directive information
- B. Health care proxy information
- C. Instruct patients to discuss their pain or other bothersome symptoms
- D. All of the above
- 23. You are asked to assess your patient's ART medication adherence, what questions should you ask your patient?
- A. What HIV medications do you take and what are their dosages?
- B. How many doses of your HIV medication have you missed in the past 72 hours?
- C. Are you comfortable taking medications in front of others?
- D. All of the above
- 24. Advanced HIV infection does not impact patient medication adherence.
- A. True
- B. False

25. Which of the following strategies can improve ART medication adherence?

- A. Anticipate and treat adverse effects
- B. Simplify medication regimens
- C. Provide substance abuse recourses
- D. All of the above

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