

Cheap Nursing CEUs

Gastric Symptoms in Infants and Children (GERD)

1. Which of the following statements regarding the complications associated with GERD is most accurate?

- A. GERD does not typically lead to irritability in infants and children.
 - B. Abdominal pain is not often associated with GERD.
 - C. GERD may lead to weight gain when experienced by infants and children.
 - D. GERD may lead to anemia in infants and children.
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2. Symptoms of GERD experienced by children 3 - 17 years of age may include: heartburn, nausea and stomachache pain.

- A. True
 - B. False
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3. Which of the following statements regarding infantile GERD treatment is most accurate?

- A. Surgery is often the first line approach in infantile GERD.
 - B. The use of proton pump inhibitors is often the first line approach in infantile GERD.
 - C. The use of histamine-2 receptor antagonists is often the first line approach in infantile GERD.
 - D. Conservative management is the current first line approach in infantile GERD.
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4. "The clinical management of typical GERD symptoms in older children and adolescents does not differ from that of their adult counterparts and it encompasses lifestyle modifications alongside with pharmacological treatment."

- A. True
 - B. False
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5. A 16-year-old patient has questions regarding lifestyle changes to help GERD. Which of the following counseling points should be included in the discussion with the patient?

- A. Eating large meals can help reduce GERD symptoms.
 - B. Sleeping flat on the stomach can help reduce GERD symptoms.
 - C. Caffeine consumption can help reduce GERD symptoms.
 - D. Avoiding spicy foods can help reduce GERD symptoms.
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