

Cheap Nursing CEUs

Diabetes Care for Clients in Behavioral Health Treatment

1. A person with type 2 diabetes must be given insulin to live.

- A. True
 - B. False
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2. An overworked pancreas can deteriorate to the point that it stops producing insulin altogether.

- A. True
 - B. False
-

3. Which of the following is a known risk factor for developing type 2 diabetes?

- A. Being overweight
 - B. Having had gestational diabetes
 - C. Lack of physical activity
 - D. All of the above
-

4. Nurses should be aware that all of the following are signs and symptoms of type 1 diabetes, except for:

- A. Frequent urination
 - B. Extreme hunger
 - C. Recurring bladder infections
 - D. Unusual weight loss
-

5. Diabetes can trigger acute symptoms that can be mistaken for intoxication but that can be life-threatening if immediate medical attention is not received.

- A. True
 - B. False
-

6. Which of the following tests used to diagnose diabetes does not require the patient to fast before testing?

- A. HbA1c**
 - B. FPG**
 - C. OGTT**
 - D. All of the above require fasting before testing**
-

7. An important part of disease management for type 1 and type 2 diabetes is glycemic control.

- A. True**
 - B. False**
-

8. A depressive disorder typically follows a type 1 diagnosis and precedes a type 2 diagnosis.

- A. True**
 - B. False**
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9. Which of the following hormones are activated in response to stress and cause blood glucose levels to increase?

- A. Epinephrine**
 - B. Cortisol**
 - C. Growth hormone**
 - D. All of the above**
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10. Which of the following is not associated with an increased prevalence of diabetes?

- A. Marijuana use**
 - B. Alcohol use above 22 grams and 24 grams per day for men and women respectively**
 - C. Smoking**
 - D. All of the above**
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