Cheap Nursing CEUs

Dementia and Sexual Behavior

1. Dementia is a normal part of aging.

A. True
B. False

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2. Which of the following statements is most accurate?

A. Fronto-temporal dementia is a type of dementia which does not primarily affect the regions of the brain associated with planning, social behavior, and language perception.
B. Fronto-temporal dementia is not associated with a younger age of onset, when compared to other types of dementia.
C. Vascular dementia may result from strokes and/or other issues that affect blood flow to the brain.
D. Vascular dementia is caused by Lewy bodies.

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3. A patient has questions regarding Alzheimer's disease. Which of the following counseling points should be expressed to the patient?

A. Alzheimer's disease is not, typically, progressive.
B. Alzheimer's disease is, typically, progressive.
C. Alzheimer's disease, typically, affects individuals under the age of 60.
D. Alzheimer's disease, typically, only affects individuals over the age of 85.

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4. Individuals exhibiting ISB may engage other individuals in conversations regarding sex or make comments related to sex.

A. True
B. False

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5. Which of the following statements is most accurate?

A. Individuals exhibiting dementia associated ISB do not, typically, attempt to touch or grab other individuals.
B. Individuals exhibiting dementia associated ISB may attempt to touch or grab other individuals.
C. Public disrobing is not considered ISB.
D. Public disrobing is only considered to be ISB when it involves individuals over the age of 85.

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6. Which of the following recommendations may help health care professionals manage patients exhibiting ISB?

A. Health care professionals should indulge patients' "foul language."
B. Health care professionals should positively reinforce patients' "foul language."
C. Health care professionals should positively reinforce ISB.
D. Health care professionals should not positively reinforce ISB.

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7. Due to the nature of dementia, patients may exhibit ISB at specific times of day such as during bathing.

A. True
B. False

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8. Which of the following statements is most accurate?

A. Health care professionals should understand that patients suffering from dementia associated ISB may also be dealing with other health-related conditions or issues.
B. Patients suffering from dementia typically do not have any other health-related conditions or issues.
C. Health care professionals should avoid considering patient comorbidities.
D. Health care professionals should only consider patient comorbidities when caring for patients under the age of 65.

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9. According to the text, health care organizations should ensure patients suffering from dementia receive adequate nutrition and physical activity.

A. True
B. False

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10. Which of the following statements is most accurate?

A. Cognitive behavioral therapy may refer to a form of psychotherapy which focuses on helping individuals solve problems and create positive outcomes by changing unrealistically negative patterns of thought and behavior.
B. Cognitive behavioral therapy may refer to a form of psychotherapy which focuses on helping individuals solve problems and create positive outcomes by changing positive patterns of thought and behavior.
C. Cognitive behavioral therapy is a form of psychotherapy which may only be used to treat patients under the age of 65.
D. Cognitive behavioral therapy is not a form of psychotherapy.

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11. Psychoeducation may refer to the process of providing information and education to patients seeking or receiving treatment for mental health-related conditions.

A. True
B. False

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12. What is the recommended initial adult dose of Namenda?

A. 2.5 mg once daily
B. 5 mg once daily
C. 10 mg once daily
D. 15 mg once daily

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13. A fellow health care professional has questions regarding Aricept. Which of the following points of interest should be expressed to the fellow health care professional?

A. Aricept is considered to be an antipsychotic agent.
B. Aricept is considered to be a selective serotonin reuptake inhibitor.
C. The recommended dose of Aricept for individuals with mild to moderate Alzheimer's Disease is 2 mg or 4 mg once daily.
D. The recommended dose of Aricept for individuals with mild to moderate Alzheimer's Disease is 5 mg or 10 mg once daily.

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14. A patient has questions regarding Exelon Patch. Which of the following counseling points should be expressed to the patient?

A. The recommended initial dose of Exelon Patch is one Exelon Patch (4.6 mg/24 hours) daily.
B. The recommended initial dose of Exelon Patch is two Exelon Patches (4.6 mg/24 hours) daily.
C. Gastrointestinal adverse effects, including nausea and vomiting, are only common in pediatric patients.
D. Gastrointestinal adverse effects, including nausea and vomiting, are not associated with Exelon Patch.

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15. What is the maximum recommended dose of trazodone (Desyrel)?

A. 200 mg per day in divided doses
B. 250 mg per day in divided doses
C. 350 mg per day in divided doses
D. 400 mg per day in divided doses

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