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Attention Deficit Hyperactivity Disorder (ADHD)

1. ADHD may refer to a type of brain disorder which is marked by an ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development.

A. True
B. False

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2. Which of the following symptoms may be most associated with the predominantly inattentive presentation state of ADHD?

A. Fidgety
B. Restless
C. Excessive talking
D. An inability to maintain focus

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3. Which of the following statements is most accurate?

A. Individuals with ADHD typically have difficulty waiting their turn.
B. Individuals with ADHD are typically restless but they are often able to play or engage in leisure activities quietly.
C. Individuals with ADHD are typically fidgety but are always able to follow through on instructions.
D. The following ADHD symptom is only associated with individuals over the age of 40: often fails to give close attention to details or makes careless mistakes.

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4. According to ADHD-related DSM-5 criteria, in order for an individual to be diagnosed with ADHD there must be clear evidence that ADHD symptoms interfere with, or reduce the quality of, social, academic, or occupational functioning.

A. True
B. False

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5. A fellow health care professional has questions regarding ADHD. Which of the following informational points of interest should be communicated to the health care professional regarding ADHD?

A. Anxiety disorders are not typically associated with ADHD.
B. Social isolation is not typically associated with ADHD.
C. Individuals with ADHD often avoid, dislike, or are reluctant to engage in tasks that require sustained mental effort.

D. Individuals with ADHD do not often interrupt or intrude on others.

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6. Which of the following statements is most accurate?

A. Cognitive behavioral therapy may refer to a type of therapy that works to improve upon individuals' social skills such as: making eye contact, greetings, the use of appropriate verbal tones, and appropriate emotional responses.
B. Cognitive behavioral therapy may refer to a form of psychotherapy which focuses on helping individuals solve problems and create positive outcomes by changing unrealistically negative patterns of thought and behavior.
C. Social skills training may refer to a form of psychotherapy which focuses on helping individuals solve problems and create positive outcomes by changing unrealistically negative patterns of thought and behavior.
D. Social skills training may refer to a type of therapy that works to improve upon individuals', under the age of 65, social skills such as: making eye contact, greetings, the use of appropriate verbal tones, and appropriate emotional responses.

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7. Which of the following statements is most accurate?

A. Ritalin is contraindicated during treatment with monoamine oxidase inhibitors, and also within a minimum of 10 days following discontinuation of a monoamine oxidase inhibitor.
B. Ritalin is contraindicated during treatment with monoamine oxidase inhibitors, and also within a minimum of 12 days following discontinuation of a monoamine oxidase inhibitor.
C. Ritalin is contraindicated during treatment with monoamine oxidase inhibitors, and also within a minimum of 14 days following discontinuation of a monoamine oxidase inhibitor (MAOI).
D. Ritalin is not contraindicated during treatment with monoamine oxidase inhibitors.

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8. What is the recommended maximum dose of Adderall XR for children ages 6 - 12?

A. 20 mg once daily
B. 30 mg once daily
C. 40 mg once daily
D. 50 mg once daily

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9. A 26 year-old female patient has questions regarding Vyvanse. Which of the following educational points should be expressed to the patient?

A. Vyvanse often leads to weight gain.
B. Vyvanse may cause a decrease in appetite.
C. Breastfeeding while taking Vyvanse is recommended.
D. The typical initial ADHD-related dose of Vyvanse is 80 mg every morning.

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10. Strattera is a central nervous system stimulant indicated for the treatment of ADHD.

A. True
B. False

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