Cheap Nursing CEUs

Arthritis

1. Which of the following best represents a sign/symptom of arthritis?

A. Loss of mobility
B. Increased flexibility
C. Hypoglycemia
D. Hypotension

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2. Which of the following statements is most accurate?

A. OA is typically progressive - meaning it may become more destructive or impactful to the body over time.
B. OA is not progressive.
C. OA is not typically caused by damage or breakdown of joint cartilage between bones.
D. OA is caused by a diet rich in red meat.

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3. Which of the following statements is most accurate?

A. RA is caused by an immune response in which the body's immune system attacks its own healthy cells.
B. RA is typically caused by an injury.
C. In a joint affected by RA, the lining of the joint becomes inflamed and flexible.
D. The tissue damage experienced with RA is not associated with pain or deformity.

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4. A health care professional has questions about gout. Which of the following informational points of interest should be communicated to the health care professional?

A. Men have a higher risk for gout.
B. Women have a higher risk for gout.
C. Gout is caused by hypouricemia.
D. Gout is caused by hyperuricemia and high levels of potassium.

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5. A 52-year-old male patient has questions regarding fibromyalgia. Which of the following educational points should be expressed to the patient?

A. Fibromyalgia is associated with weight loss.
B. Widespread pain is a sign/symptom of fibromyalgia.
C. Male individuals do not typically develop fibromyalgia.
D. Fibromyalgia only affects individuals over the age of 65.

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6. A 40-year-old female patient with PsA has questions regarding psoriasis. Which of the following educational points should be expressed to the patient?

A. Psoriasis may lead to patches of thick red skin and silvery scales.
B. Psoriasis patches are typically only found on the elbows and face.
C. Psoriasis is associated with nausea, constipation, bleeding, and extreme hunger.
D. Psoriasis is associated with weight loss.

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7. Which of the following best represents a non-pharmacological option that may be used to manage arthritis?

A. Immersion therapy
B. Cognitive behavioral therapy
C. Brain stimulation therapy
D. Sleep therapy

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8. Which of the following medications is indicated for the treatment of RA?

A. Fosamax
B. Zoloft
C. Lithium
D. Celebrex

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9. Which of the following best represents an adverse reaction associated with Cymbalta?

A. Increased appetite
B. Decreased appetite
C. Extreme weight gain
D. Epistaxis

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10. Which of the following best represents the recommended colchicine dose for gout flares?

A. 0.6 at the first sign of a gout flare followed by 0.6 mg one hour later
B. 1.2 mg at the first sign of a gout flare followed by 0.6 mg one hour later
C. 1.6 mg at the first sign of a gout flare followed by 0.8 mg one hour later
D. 2 mg at the first sign of a gout flare followed by 1 mg one hour later

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