

Cheap Nursing CEUs

Anemia

1. A health care professional has questions regarding anemia. Which of the following informational points of interest should be communicated to the health care professional?

- A. Anemia develops when the blood produces a higher-than-normal amount of healthy red blood cells.
 - B. Anemia develops when the blood produces a lower-than-normal amount of healthy red blood cells.
 - C. Anemia does not typically develop from haemolysis.
 - D. Anemia cannot develop from blood loss.
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2. Which of the following best represents a risk factor for anemia?

- A. Age - individuals over the age of 50 are at increased risk for developing anemia
 - B. Age - individuals under the age of 50 are at increased risk for developing anemia
 - C. Diets high in B12
 - D. Diets high in dairy
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3. Which of the following best represents a patient population most vulnerable to anemia?

- A. Adolescents
 - B. Male and female individuals between the ages of 21 - 30
 - C. Male individuals between the ages of 21 - 40
 - D. Female individuals between the ages of 21 - 40
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4. Which of the following best represents a complication typically associated with anemia?

- A. Increased risk of breast cancer
 - B. Increased risk of prostate cancer
 - C. Dementia
 - D. Polyuria
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5. A 28-year-old pregnant individual has questions regarding anemia and developmental disabilities. Which of the following educational points should be expressed to the pregnant individual?

- A. Anemia is not typically associated with developmental disabilities.
 - B. Developmental disabilities typically only affect infants born after 37 weeks of pregnancy.
 - C. ADHD is not considered to be a developmental disability.
 - D. Autism spectrum disorder is an example of a developmental disability.
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6. A health care professional is developing an educational lecture focused on treatment options for iron-deficiency anemia. Which of the following informational points of interest should be included in the health care professional's lecture?

- A. Venofer should only be used to treat patients under the age of 65.
 - B. Venofer should only be used to treat patients over the age of 65.
 - C. Epogen is an example of a erythropoiesis-stimulating agent.
 - D. Epogen is an example of a erythropoiesis-stimulating agent that should only be used for a period of 24 hours.
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7. How much iron should a 48-year-old male individual take in per day?

- A. 2 mg/per day
 - B. 4 mg/per day
 - C. 6 mg/per day
 - D. 8 mg/per day
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8. How much B12 should a 24-year-old pregnant individual take in per day?

- A. 2.6 mcg/per day
 - B. 4.2 mcg/per day
 - C. 2.6 mg/per day
 - D. 4.2 mg/per day
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9. Which of the following best represents a sign/symptom of hemolytic anemia?

- A. Kidney failure
 - B. Enlarged spleen
 - C. Polyphagia
 - D. Hyperhidrosis
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10. Which of the following treatment options may be used to cure aplastic anemia?

- A. Blood transfusion
 - B. Immunosuppressive therapy
 - C. Bone marrow stimulants
 - D. Bone marrow transplant
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