Cheap Nursing CEUs

Anemia

- 1. A health care professional has questions regarding anemia. Which of the following informational points of interest should be communicated to the health care professional?
- A. Anemia develops when the blood produces a higher-than-normal amount of healthy red blood cells.
- B. Anemia develops when the blood produces a lower-than-normal amount of healthy red blood cells.
- C. Anemia does not typically develop from haemolysis.
- D. Anemia cannot develop from blood loss.
- 2. Which of the following best represents a risk factor for anemia?
- A. Age individuals over the age of 50 are at increased risk for developing anemia
- B. Age individuals under the age of 50 are at increased risk for developing anemia
- C. Diets high in B12
- D. Diets high in dairy
- 3. Which of the following best represents a patient population most vulnerable to anemia?
- A. Adolescents
- B. Male and female individuals between the ages of 21 30
- C. Male individuals between the ages of 21 40
- D. Female individuals between the ages of 21 40
- 4. Which of the following best represents a complication typically associated with anemia?
- A. Increased risk of breast cancer
- B. Increased risk of prostate cancer
- C. Dementia
- D. Polyuria
- 5. A 28-year-old pregnant individual has questions regarding anemia and developmental disabilities. Which of the following educational points should be expressed to the pregnant individual?
- A. Anemia is not typically associated with developmental disabilities.
- B. Developmental disabilities typically only affect infants born after 37 weeks of pregnancy.
- C. ADHD is not considered to be a developmental disability.
- D. Autism spectrum disorder is an example of a developmental disability.

6. A health care professional is developing an educational lecture focused on treatment options for iron-deficiency anemia. Which of the following informational points of interest should be included in the health care professional's lecture?

- A. Venofer should only be used to treat patients under the age of 65.
- B. Venofer should only be used to treat patients over the age of 65.
- C. Epogen is an example of a erythropoiesis-stimulating agent.
- D. Epogen is an example of a erythropoiesis-stimulating agent that should only be used for a period of 24 hours.

7. How much iron should a 48-year-old male individual take in per day?

- A. 2 mg/per day
- B. 4 mg/per day
- C. 6 mg/per day
- D. 8 mg/per day

8. How much B12 should a 24-year-old pregnant individual take in per day?

- A. 2.6 mcg/per day
- B. 4.2 mcg/per day
- C. 2.6 mg/per day
- D. 4.2 mg/per day

9. Which of the following best represents a sign/symptom of hemolytic anemia?

- A. Kidney failure
- B. Enlarged spleen
- C. Polyphagia
- D. Hyperhidrosis

10. Which of the following treatment options may be used to cure aplastic anemia?

- A. Blood transfusion
- B. Immunosuppressive therapy
- C. Bone marrow stimulants
- D. Bone marrow transplant

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