

# Cheap Nursing CEUs

## Alternative Medicine for Cancer

1. Which of the following is an approach that combines treatments from standard medical care and CAM for which there is some high-quality evidence of safety and effectiveness?

- A. Complementary medicine
  - B. Alternative medicine
  - C. Integrative medicine
  - D. All of the above
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2. Nurses should recognize that patients use CAM therapies for which of the following reasons?

- A. To help cope with the side effects of cancer treatments, such as nausea, pain, and fatigue.
  - B. To feel that they are doing something more to help with their own care.
  - C. To try to treat or cure their cancer.
  - D. All of the above.
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3. It is important for nurses to emphasize to patients the need to know of all the medications a patient is taking, including dietary supplements, vitamins, and herbals to prevent potential drug interactions.

- A. True
  - B. False
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4. Some supplements may interfere with the effectiveness of chemotherapy, radiation, or prescription medications.

- A. True
  - B. False
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5. During each visit, nurses should:

- A. Discuss the CAM therapies the patient is using.
  - B. Ask the patient about any additional symptoms they may be experiencing as a result of their treatment, such as cancer-related fatigue.
  - C. Offer additional resources about CAM therapies or providers.
  - D. All of the above.
-

**6. Nurses should encourage patients to get a second opinion, as second opinions can help strengthen their relationship with their existing doctor, clarify diagnoses, provide different options for treatment, or may even lead to a doctor who is better suited to address their needs.**

- A. True**
  - B. False**
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**7. Yoga is an example of which type of therapy?**

- A. Energy therapy**
  - B. Exercise therapy**
  - C. Manipulative and body-based therapy**
  - D. Mind-body therapy**
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