

Cheap Nursing CEUs

Suicide Prevention

1. Which of the following may be considered an individual level risk factor for suicide?

- A. Barriers to health care
 - B. Substance abuse
 - C. Lack of social support
 - D. All of the above
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2. Unsafe media portrayals of suicide may be considered a societal level risk factor for suicide.

- A. True
 - B. False
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3. Which of the following may be considered to be a suicide prevention strategy?

- A. Strengthen economic supports
 - B. Create protective environments
 - C. Promote connectedness
 - D. All of the above
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4. Which of the following may be an outcome of the following suicide prevention strategy: strengthen access and delivery of suicide care?

- A. Decreased use of mental health services
 - B. Higher rates of treatment attrition
 - C. Reductions in depressive symptoms
 - D. All of the above
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5. Organizational policies that promote protective environments may be implemented in places of employment, detention facilities, and other secured environments.

- A. True
 - B. False
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6. Peer norm programs seek to normalize protective factors for suicide, such as: help-seeking, reaching out and talking to trusted adults.

- A. True**
 - B. False**
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7. Which of the following statements is most accurate?

- A. Social-emotional learning programs do not focus on developing and strengthening communication.**
 - B. Social-emotional learning programs focus only on developing and strengthening communication.**
 - C. Social-emotional learning programs do not focus on problem-solving skills.**
 - D. Social-emotional learning programs focus on developing and strengthening communication and problem-solving skills.**
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8. Which of the following statements is most accurate?

- A. Treatment to prevent re-attempts does not typically include follow-up contact with an individual that has attempted suicide.**
 - B. Treatment to prevent re-attempts does not typically focus on improving coping skills.**
 - C. Treatment to prevent re-attempts does not typically focus on mindfulness and other emotional regulation skills.**
 - D. Treatment to prevent re-attempts may focus on improving coping skills, mindfulness, and other emotional regulation skills.**
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9. Suicide prevention hotlines are the only way to provide crisis intervention.

- A. True**
 - B. False**
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10. Active follow-up contact approaches, such as postcards and letters, may be used as treatment to prevent suicide re-attempts.

- A. True**
 - B. False**
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11. Which of the following may be considered a suicide postvention?

- A. Debriefing session**
 - B. Counseling**
 - C. Bereavement support groups**
 - D. All of the above**
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12. Monitoring and evaluation are necessary components of the public health approach to suicide prevention.

- A. True**
 - B. False**
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