Cheap Nursing CEUs

Stroke - Hope Through Research

1. Which of the following statements regarding an ischemic stroke is most accurate?

A. An ischemic stroke occurs when an artery in the brain bursts
B. An ischemic stroke occurs when an artery supplying the brain with blood becomes blocked
C. An ischemic stroke occurs when an artery supplying the brain with blood becomes unblocked
D. None of the above

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2. Approximately 25 percent of people who recover from their first stroke will have another stroke within 5 years.

A. True
B. False

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3. Which of the following symptoms can be associated with the onset of a stroke?

A. Sudden numbness or weakness of the face
B. Sudden trouble seeing in one eye
C. Loss of balance
D. All of the above

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4. A computerized tomography scan can show evidence of bleeding into the brain almost immediately after stroke symptoms appear.

A. True
B. False

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5. A 68 year-old hypertensive, man presents to your clinic. Which of the following factors may put the patient at risk for stroke?

A. Age
B. Gender
C. Hypertension
D. All of the above

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6. Atrial fibrillation increases an individual's risk of stroke by 4 to 6 percent.

A. True
B. False

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7. Which of the following patients may be at risk for stroke?

A. A 67 year-old female patient with a medical history positive for heart disease
B. A 58 year-old overweight, male patient with high cholesterol
C. A 60 year-old male, recovering alcoholic with uncontrolled diabetes
D. All of the above

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8. You are discussing a 62 year-old women's case with the patient's primary care physician. Which of the following recommendations can be made to lower the patient's risk for stroke?

A. Quit smoking
B. Diet modifications to increase the patient's HDL
C. Diet modifications to lower the patient's HDL
D. Both A and B

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9. Which of the following statements is MOST accurate?

A. Warfarin reduces stroke risk by increasing the clotting property of the blood
B. Warfarin reduces stroke risk by reducing the clotting property of the blood
C. Warfarin increases stroke risk by reducing the clotting property of the blood
D. None of the above

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10. Which of the following statements regarding the use of a recombinant tissue plasminogen activator is MOST accurate?

A. It can be effective if given orally within 3 hours of stroke symptom onset
B. It can be effective if given intravenously within 3 hours of stroke symptom onset
C. It can be effective if given intravenously within 48 hours of stroke symptom onset
D. None of the above

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11. Surgery can be used to prevent stroke, however it cannot be used to treat acute stroke.

A. True
B. False

12. Which of the following statements regarding "clipping" is most accurate?

A. Clipping is a procedure that restores blood flow to a blood-deprived area of brain tissue
B. Clipping is a procedure for the treatment of brain aneurysms, which cause subarachnoid hemorrhages
C. Clipping is a procedure which involves the process of inserting a small platinum coil into an artery
D. All of the above

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13. Which of the following health care professionals can be called upon to rehabilitate a stroke patient?

A. Physical therapist
B. Speech language pathologist
C. Psychiatrist
D. All of the above

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14. Which of the following complications can result from a stroke?

A. Complete paralysis on one side of the body
B. Aphasia
C. Uncomfortable numbness
D. All of the above

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15. Which of the following statements regarding patient stroke risk is MOST accurate?

A. Pregnancy increases the risk of stroke
B. Pregnancy decreases the risk of stroke
C. Children are never at risk for stroke
D. None of the above

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16. Phase III randomized clinical trials are often called the gold standard of clinical trials.

A. True
B. False

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17. The LEAPS trial suggests stroke recovery occurs early and tops out at six months.

A. True
B. False

18. You have just received a new patient to your unit. The patient is a 64 year-old man with a history of small subcortical strokes. According to the SPS3 trial, which of the following recommendations could be made to help decrease the patient's stroke risk?

A. Begin aspirin therapy
B. Monitor the patient's white blood cells
C. Both A and B
D. None of the above

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19. Your team is treating a 68 year-old male patient who is suffering from a narrowing of a brain artery due to a recent stroke. According to the SAMMPRIS trial, which of the following recommendations could be made to help decrease the patient's risk for stroke?

A. Initiate medication therapy to lower the patient's high cholesterol levels
B. Decrease alcohol consumption
C. Monitor patient's blood pressure
D. All of the above

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20. Which of the following statement regarding the FAST-MAG trial is MOST accurate?

A. The results of the FAST-MAG trial may impact t-PA administration
B. The results of the FAST-MAG trial may impact blood glucose monitoring
C. The results of the FAST-MAG trial may impact blood pressure monitoring
D. None of the above