

# Cheap Nursing CEUs

## Arthritis

1. Which of the following best represents a sign/symptom of arthritis?

- A. Loss of mobility
  - B. Increased flexibility
  - C. Hypoglycemia
  - D. Hypotension
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2. Which of the following statements is most accurate?

- A. OA is typically progressive - meaning it may become more destructive or impactful to the body over time.
  - B. OA is not progressive.
  - C. OA is not typically caused by damage or breakdown of joint cartilage between bones.
  - D. OA is caused by a diet rich in red meat.
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3. Which of the following statements is most accurate?

- A. RA is caused by an immune response in which the body's immune system attacks its own healthy cells.
  - B. RA is typically caused by an injury.
  - C. In a joint affected by RA, the lining of the joint becomes inflamed and flexible.
  - D. The tissue damage experienced with RA is not associated with pain or deformity.
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4. A health care professional has questions about gout. Which of the following informational points of interest should be communicated to the health care professional?

- A. Men have a higher risk for gout.
  - B. Women have a higher risk for gout.
  - C. Gout is caused by hypouricemia.
  - D. Gout is caused by hyperuricemia and high levels of potassium.
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5. A 52-year-old male patient has questions regarding fibromyalgia. Which of the following educational points should be expressed to the patient?

- A. Fibromyalgia is associated with weight loss.
- B. Widespread pain is a sign/symptom of fibromyalgia.
- C. Male individuals do not typically develop fibromyalgia.

**D. Fibromyalgia only affects individuals over the age of 65.**

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**6. A 40-year-old female patient with PsA has questions regarding psoriasis. Which of the following educational points should be expressed to the patient?**

- A. Psoriasis may lead to patches of thick red skin and silvery scales.**
  - B. Psoriasis patches are typically only found on the elbows and face.**
  - C. Psoriasis is associated with nausea, constipation, bleeding, and extreme hunger.**
  - D. Psoriasis is associated with weight loss.**
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**7. Which of the following best represents a non-pharmacological option that may be used to manage arthritis?**

- A. Immersion therapy**
  - B. Cognitive behavioral therapy**
  - C. Brain stimulation therapy**
  - D. Sleep therapy**
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**8. Which of the following medications is indicated for the treatment of RA?**

- A. Fosamax**
  - B. Zoloft**
  - C. Lithium**
  - D. Celebrex**
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**9. Which of the following best represents an adverse reaction associated with Cymbalta?**

- A. Increased appetite**
  - B. Decreased appetite**
  - C. Extreme weight gain**
  - D. Epistaxis**
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**10. Which of the following best represents the recommended colchicine dose for gout flares?**

- A. 0.6 at the first sign of a gout flare followed by 0.6 mg one hour later**
  - B. 1.2 mg at the first sign of a gout flare followed by 0.6 mg one hour later**
  - C. 1.6 mg at the first sign of a gout flare followed by 0.8 mg one hour later**
  - D. 2 mg at the first sign of a gout flare followed by 1 mg one hour later**
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